2020 TypeOneNation Summit Agenda

Noon-1 p.m.: Registration & Vendor Fair
Visit and meet all of our great vendors!

1-1:50 p.m.: Keynote Presentation with Kerri Sparling
Creator and author of diabetes blog Six Until Me
Keynote presentation is sponsored by Tandem Diabetes Care

Breakout Session I – 2-2:50 p.m.
T1D Research & Technology
Room: Grand Ballroom
Speaker: Carmen Fotino, Ph.D., JDRF Research Scientist

With so many new technologies and immunotherapies constantly being developed, the T1D community gets that much closer to finding a cure every day. Take the opportunity with this session to learn about cutting-edge research going on within the T1D community directly from one of JDRF’s own Research Scientists.

Healthy Cooking with T1D
Room: Hickory 1
Speakers:
- Colleen Rinehart, BSN, RN, CDE, T1D since 1988
- Chef Jim Warner, Ohio State University Wexner Medical Center Program Director, Food & Nutrition

A T1D CDE will teach you all you need to know about how food can affect your blood sugars during a live cooking demonstration.

T1D 101 Panel Discussion
Room: Hickory 2
Speakers:
- Aurelia Wood, MD, FAAP, pediatric endocrinologist at Nationwide Children’s Hospital
- Wynola Wayne, BSN, RN, CDE, at Nationwide Children’s Hospital
- Dean Stitz, consultant at McGohan Brabender, T1D since 2006
- Ruby Richardson, Nationwide Children’s Hospital T1D patient

Have you been diagnosed with T1D in the past year? If so, this panel is for you! It provides a great opportunity for families still trying to understand the basics of T1D to ask questions from
experts and families on dealing with the physical and mental roller coasters of the new diagnosis, management tricks and resources, including insurance. Veteran T1D families are also welcome!

**Breakout Session II – 3-3:50 p.m.**

**Nuts & Bolts of T1D at School**  
Room: Grand Ballroom  
Speakers:  
- Andrea Barton, MAEd, T1D parent  
- Tim Barton, MAEd, T1D parent, Whitehall City Schools administrator  
- Carol Lynne O’Neil, MS, BSN, RN, CNS, Columbus City Schools Diabetes Resource Nurse

Hear from the perspective of a principal, educator, school diabetes resource nurse, and T1D family from Columbus area schools on how to plan for successful school experiences and what common challenges school aged children with T1D faced. Hear the scoop on federal laws, 504 Plans, and school readiness. This session provides a great opportunity to hear stories, get advice, and learn from the experience of all those involved with the T1D school experience.

**Psychosocial Effects of T1D**  
Room: Hickory 1  
Speakers: Erin McTiernan, PsyD, Nationwide Children’s Hospital

T1D is more than a functional disease. A T1D diagnosis for many effects not only the physiological aspects of the body, but also may create psychosocial struggles as well. This educational session provides the important conversation on the mental burdens of a T1D diagnosis and how to cope, which often is overlooked.

**Adult T1D Talk Lounge**  
Room: Hickory 2  
Speakers:  
- Tanner Barton, MS, CHES, Anderson University Head Men’s & Women’s Swimming & Diving Coach, T1D since 2003  
- Jeff Grever, MPH, OSU Center for Clinical and Translational Science, T1D since 1992  
- Samantha Redden, CycleBar CycleStar, T1D since 1997  
- Kelly Schmidt, RD, LDN, wellness coach and speaker, T1D since 1991  
Moderator:  
- Kelsey Gaskins, T1D since 2000

This panel will provide their experiences and tips when it comes to issues specific to adult T1Ds, such as disclosing diabetes at work or during a job interview, handling sick days and stress, the financial burden of the disease, and parenting with T1D.
Breakout Session III – 4:45 p.m.
T1D Research & Technology
Room: Grand Ballroom
Speaker: Carmen Fotino, Ph.D., JDRF Research Scientist

With so many new technologies constantly being developed, the T1D community gets that much closer to finding a cure every day. Take the opportunity with this session to learn about cutting-edge research going on within the T1D community directly from one of JDRF’s own Research Scientists.

Exercise with T1D: Navigating exercise with highs, lows and everything in between
Room: Hickory 1
Speaker:
- Tanner Barton, MS, CHES, Anderson University Head Men’s & Women’s Swimming & Diving Coach, T1D since 2003

Have you figured out how to exercise without fighting with your blood sugar? One of the greatest challenges in the life of someone with T1D is managing blood glucose levels during various types of sports and exercise activities.

Ask the Docs Panel Discussion
Room: Hickory 2
Speakers:
- Liz Buschur, MD, Endocrinology, Diabetes & Metabolism, Ohio State University Wexner Medical Center
- Kathleen Dungan, MD, MPH, Endocrinology, Diabetes & Metabolism, Ohio State University Wexner Medical Center
- Jennifer Dyer, MD, MPH, Pediatric Endocrinologist at COPEDS
- Bob Hoffman, MD, Endocrinology & Metabolism at Nationwide Children’s Hospital

A great opportunity to ask questions from experienced Pediatric and Adult Endocrinologists. Learn from others who may have similar questions as you, and help others learn by asking questions yourself on T1D, the transition from pediatric to adult endocrinologists, and their experiences in the field.