

# Translational Research Institute

## Participate in a Diabetes Research Study

The AdventHealth Translational Research Institute is looking for patients who have been diagnosed with Type 1 diabetes to participate in a special research study. The objective of this study is to better understand the impact of glycemic excursions (high blood sugar or low blood sugar) on cognition in adults with Type 1 diabetes. Qualified participants may be compensated up to \$135.

**Call 407-303-7193 to learn how you might qualify, or visit [TRI-MD.org](http://TRI-MD.org) for more information.**



**Click the link below or scan the the QR code for more information.**

[www.adventhealthresearchinstitute.com/research/translational-research/clinical-trials/glucoq-glycemic-variability-and-fluctuations](http://www.adventhealthresearchinstitute.com/research/translational-research/clinical-trials/glucoq-glycemic-variability-and-fluctuations)

### CLINICAL TRIAL ELIGIBILITY REQUIREMENTS

- Must be 18+ years old
- Must be diagnosed with Type 1 diabetes for at least one year
- Fluent in English
- Must have 24-hour access to a smart phone with reliable internet access
- Able to complete cognitive assessments
- No clinical diagnosis of dementia
- No current use of real-time continuous glucose monitoring or be willing to stop use during study enrollment
- Able to complete questionnaire assessments between 9 am and 9 pm through the study period

### YOUR COMMITMENT

- 1 month

### STUDY PROCEDURES

- Medical history and medication review
- Vital signs
- Finger sticks or blood draws
- Cognitive questionnaire assessments
- Three short questionnaires per day during enrollment
- Wear a blinded continuous glucose monitor for 20 days

