Type 1 Diabetes and 504's
The Reason I Advocate
Federal Laws that protect our children and adults with diabetes

• American with Disabilities Act – All ages

• Section 504 of the Rehabilitation Act – K-12 - person who (i) has a physical or mental impairment which substantially limits one or more major life activities, (ii) has a record of such an impairment, or (iii) is regarded as having such, including endocrine function.

• Differences between 504 and IEP:
  - 504 Plan modifies the learning environment. Bathroom breaks, where test blood sugar, etc.
  - An IEP modifies the curriculum to accommodate a student’s learning.
State Laws that protect our children in a school setting.

- Trained, unlicensed school staff can provide all aspects of diabetes care.

- Students with a written note from a physician and parent may manage diabetes care at school, carry diabetes care supplies and equipment with them anytime, anywhere.

- Schools, may not change a student's school assignment because of diabetes.
Federal Law Wins!

Federal Law overrules State Law and local policies every time!
ADVANTAGES TO HAVE A 504 PLAN

• A 504 is a Federal Legal Binding Document

• The Health Care or Medical Management Plan are guidelines, not legally binding unless these words included in 504....

• "THE HEALTH PLAN IS INCORPORATED HEREIN."

What should be included in 504?

- Cell phone usage during school.
- When and where insulin administered.
- Who will administer insulin?
- Who is responsible for monitoring student for hypo and hyper glycemia?
- Who is educating bus driver?
- Lockdown and evacuation procedures.
- Appropriate access to food, water and restrooms.
- Testing accommodations, regarding blood sugar issues and national testing accommodations.
- Where testing blood sugar.
How, what, who, where and how many meetings of a 504?

**How** do I get a 504 meeting? Request one in writing (email).

**What** do I bring? List of what you would like to see included. A doctors letter to say your child is cared for well. A doctors note if you would like child to self-manage (sometimes a form).

**Who** can attend? You may bring anyone you want as support. May have COVID restrictions as to how many people.

**How** many meetings of a 504 may we have? As many and as often as needed.
• Every parent before their first 504 meeting....YOU DON'T HAVE TO DO IT PERFECT!!!!
504 not followed?

• Put it in that the 504 has been violated and request a meeting. Everything in writing.....

• Call, text or email me, I will help if I can.
Additional Information:

- Sugarmamas Podcast:
  - Episode #16
  - "411 on the 504 plan"
Any Questions?