



Health Equity in T1D

A Healthy Fulfilling Life, for All

Health disparities affect numerous populations — including members of the diabetes community. Factors such as race, education, location, and income can affect access to healthcare and health outcomes. As the largest nonprofit funder of type 1 diabetes (T1D) research and a passionate advocate for policies and treatments that improve the quality of life for those living with the disease, JDRF is committed to addressing health disparities experienced by the T1D community.

Why It Matters

Where you live, your race, your ethnicity, how well-educated you are, and your income level should not determine your health and well-being. For millions of people with T1D, however, these and other factors can impact access to health-sustaining resources and can lead to negative health outcomes. We know that T1D does not discriminate. From prescription drugs to diabetes technology to research funding, JDRF is working to make sure that every individual with T1D has the same opportunity to live a healthy, fulfilling life: A state of health equity.

Health Equity and Diabetes

JDRF believes every individual with T1D should:



Receive a **prompt and correct diagnosis** from an expert clinician



Have access to the full spectrum of **affordable, live-saving cures and treatments and resources** to help manage their T1D



Be embraced by a **supportive, diverse, and inclusive community** that understands the unique challenges of living with the disease



JDRF exists so T1D won't. Our mission is to improve lives today and tomorrow by accelerating life-changing breakthroughs to cure, prevent, and treat T1D and its complications through advocacy and research. Read more about our vision for the future at jdrf.org/our-vision.

Health Equity by the Numbers

Black young adults have the highest levels of diabetes distress, compared with White and Hispanic young adults

The mean **HbA1c is 10.7% for Black young adults**, compared with 8.5% for White young adults

Food insecure households are nearly **2.5 times more likely to have high-risk glycemic control** for youth and young adults with T1D in the United States

What JDRF Is Doing to Help

JDRF is making changes to become a more diverse, inclusive, and culturally-aware organization—internally and externally. Our work includes:

Advocacy

JDRF fights for access to therapies needed by people with T1D to stay healthy. Our Coverage2Control campaign advocates for coverage, affordability, and choice for all T1D therapies and technologies. And JDRF is committed to making insulin more affordable and accessible, while ensuring the next generation of insulins continues to develop. To find out more, go to jdrf.org/advocacy.

Our Health Insurance Guide helps people understand how they can get help with prescription and insulin costs, how to choose a plan, and how to navigate losing coverage, denials, and appeals and applying for exceptions. Read more at jdrf.org/insurance.

Support and Community Building

Newly diagnosed with T1D? We've got the information you need to understand and manage the disease, ensuring that our materials — such as the Bag of Hope and No Limits Teen and Adult care kits — are available to the entire T1D community. Go here to learn more: jdrf.org/newly-diagnosed.

JDRF Outreach Volunteers and the Online Diabetes Support Team are people that have a personal connection to T1D and understand the demands of living with the disease, available to anyone at any age. For more information, visit jdrf.org/personal-support.

Through the JDRF–Beyond Type 1 Alliance, we offer Spanish-language and culturally-relevant programs and resources for the T1D community. Learn more at jdrf.org/recursos-en-espanol.

Research

Clinical trials for new therapies too often lack diversity. To address this, JDRF has an online tool to help anyone find clinical trials in their area, and has launched a working group to promote awareness and enhance enrollment. Learn more at jdrf.org/clinical-trials.

JDRF instructs our research grant reviewers to be aware of implicit biases when reviewing candidates and applications — so that we can work together to remove the potentially negative impact on the review processes and funding that it results in.

JDRF trains next-generation researchers and clinicians globally, agnostic to ethnic or other diversities.

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Every gift takes us one step closer to curing T1D. Find out how you can support JDRF and make a difference in the lives of people with T1D by visiting jdrf.org/donate.

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